

# LITOREFIT

## **TERM 3 TENNIS**







### **JUNIORS**

For the beginners and younger players our aim is to teach the basic elements of tennis, ball skills, coordination and have lots of fun.

Our coaching programme then advances to drills working on tennis techniques, rallying, scoring and playing games.

## TERM 3 (22 July - 16 September) - Every MONDAY

Pre- school Age – 3pm – 3.30pm - \$50 per term

Primary School: 3.30pm - 4.15pm (All abilities) - \$75 per term

College: 4.15pm – 5.15pm (All abilities) - \$80 per term

\*\* Juniors fees are paid directly to the Waihi Beach Tennis Club and includes membership for that term\*\*

\*\* 3 member families pay no more than \$200 for the term\*\*

#### **ADULTS**

It's a fun, social, group tennis-fitness programme for all ages and abilities. The sessions will bring together a variety of cardio workouts and tennis drills.

When: Mondays 5.30 – 6.30pm (minimum of 6 for sessions to run)

Cost: \$15 per session

Bookings for this are done on the Litore Fit Studio Bookings app – message us for more details

#### **PRIVATE LESSONS**

Private tennis lessons are for everyone who wants to improve their tennis quicker and more effectively.

These lessons will be personalised by the coach to suit your needs and goals.

Cost \$70 (if you are wanting a private session for a group of more than 2 people get in touch for pricing)

**LitoreFit Tennis Coaching** 

Mark and Laura Richardson

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<sup>\*\*</sup> If a Monday is cancelled due to weather, posts will be made via the Facebook page, and these will be made up\*\*